



Ascension
Astrology and Yoga

Evening Yoga Beginners 6wk Course



Mondays
7.00pm to 8.15pm
Starts 3rd February 2020
AND
5.30pm to 6.45pm
Starts 24th February 2020

Yoga brings mindfulness to our everyday lives so that we can find deeper meaning, and fulfilment in ourselves and in our relationships.

Bookings essential - email ascensionastrologyandyoga@gmail.com

Cost: \$165 for 6 weeks

EMAIL: ascensionastrologyandyoga@gmail.com CALL: 0411 875 708